Mothers’ Union exists to:

* Uphold Christ’s teaching on the nature of marriage & promote its wider understanding
* Encourage parents to bring up their children in the faith and life of the church
* Maintain a worldwide fellowship of Christians united in prayer, worship and service
* Promote conditions in society favourable to stable family life and the protection of children
* Help those whose family life has met with adversity

To find out more, please contact:

The Diocesan Secretary

Mothers’ Union Office

The Palace

Hereford

HR4 9BL

Tel: 01432 373306

[muhereford@live.co.uk](mailto:muhereford@live.co.uk)

*(The office is usually open on Monday and Wednesday mornings)*

Mothers’ Union

Mary Sumner House

24 Tufton Street

London

SW1P 3RB

Tel: 020 7222 5533

[www.mothersunion.org](http://www.mothersunion.org)

Charity No: 249674

**WHO ARE WE?**

**WHAT DO WE DO?**

**WHY DO WE DO IT?**

**As Members we can:**

Meet and make new friends

Develop new skills Volunteer

Campaign Serve local communities

Join a worldwide family network

Become informed about issues affecting Society

Support Family Life

To find out **HOW WE DO IT,** please read on:-

Mothers’ Union is a worldwide organisation of over 4 million members in more than 80 countries, working towards improving family life through prayer, financial giving and volunteering.

It was founded in 1876 by Mary Sumner, who realised the enormous responsibility motherhood brings as she watched her daughter and grandchild. From these small beginnings has sprung our present global organisation.

Mothers’ Union members in Hereford Diocese are proud that Mary Sumner was married at Colwall Church in our diocese. We seek to follow her example in the 21st Century by working in these areas:

We offer practical support for those whose family life has met with adversity:

* Holidays for families in need
* Small grants & household items from our Crisis Intervention Fund & Store
* Work in hospitals & Nursing Homes
* Support for Women’s Refuges
* Support for Overseas projects
* Activity Quilts & Twiddle Muffs for Alzheimer’s patients
* Many local branch projects

C:\Users\User\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\PPZS9PYB\MC900014777[1].wmfWe support marriage & family life:

* Marriage preparation – Loving for Life project
* Baptism preparation
* Toddler groups
* Parenting projects
* Working with young people – Messy Church etc.
* Offering training opportunities in these areas

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Mothers’ Union has a global voice, with UN consultative status and working with Government, influencing issues such as international debt & family welfare.

Nationally we are involved in vital outreach projects in prisons, contact centres, hospitals, refugee camps and wherever there is a need worldwide.

*MEMBERSHIP*

Our members are not all mothers, or even all women. There is no age limit and the organisation is open to men and women, married, single, divorced.

We have various types of membership to suit the lifestyles of those who wish to join us. Most members belong to a branch attached to a church, but some are indoor members or diocesan members and some are central members.

All members pay an annual subscription and receive a copy of *Families Worldwide,* which contains a prayer diary, news features and current information about projects. A bi-monthly magazine ‘Families First’ is available on additional subscription.

*PRAYER*

We are linked as **partners in prayer** with our sisters & brothers in Yambio, South Sudan; Garissa, Kenya; Mbamili, Nigeria; Willochra, Australia & Thailand.

We take advantage of opportunities for our own spiritual growth with a programme of midday prayers in the Cathedral, retreats, quiet days & worship.![](data:None;base64,)